



# Pickleball Ninja

## WHITE

Shows Great Effort  
Listens to Coach  
Positive to Peers  
Teamwork  
10 Balloon Bounce Ups

## YELLOW

5/10 Balls Over The Net From Kitchen Line  
5/10 Volley From Kitchen Line  
5/10 Serves From No Mans Land  
10 Beach Ball Bounce Ups In A Row

## ORANGE

8/10 Dinks In Kitchen (Fed)  
8/10 Block Volleys in the Court (Fed)  
6 / 10 Serves In From Back Court (Each Side)

## GREEN

8/10 Rally Dinks In Kitchen (Crosscourt Each Way & Straight Ahead)  
8/10 Volley to Volley (Crosscourt Each Way & Straight Ahead)  
8/10 Serves In (Even and Odd Side)  
4/10 3<sup>rd</sup> Shot Drops In (Even and Odd Side)

## BLUE

Can Keep Score  
Knows The Rules  
5/10 Drops In The Kitchen Or Not Attackable (Both Sides and Straight)  
5/10 Resets From No Mans Land (Both Even and Odd Side)  
5/10 Return of Serve (Both Even and Odd Side)  
10/10 Serves In (Both Even and Odd Side)

## PURPLE

Has A DUPR Rating And Account  
8/10 Drops In The Kitchen Or Not Attackable (Both Sides and Straight)  
8/10 Resets From No Mans Land (Both Even and Odd Side)  
8/10 Return of Serve Past No Mans Land (Both Even and Odd Sides)  
10/10 Serves In Past No Mans Land (Both Even and Odd Side)

## PINK

3.0 DUPR Rating  
5/10 Overheads  
5/10 Resets When Running Down A Lob  
10 3<sup>rd</sup> Shot Drops Off Live Ball (Both Sides)  
5/10 Drives at Target  
Shows Ability To Lob Off The Dink  
Shows Ability to Attack Off The Dink - Speed Up  
Starting To Dink To Compromise Opponents Position (Feet/Shins)

## RED

3.5 DUPR Rating  
8/10 Overheads  
8/10 Resets When Running Down A Lob  
10 Consecutive 3<sup>rd</sup> Shot Drops Off Live Ball (Both Sides)  
8/10 Drives at Target  
10/10 Returns Past No Mans Land  
Shows The Ability To Dink For Strategy, Open Up Court, or Attack.  
Knows When to Speed Up and Slow Down The Ball

## BLACK

4.0+ DUPR  
Plays Tournaments  
10/10 Drops On Both Sides (Alternating Crosscourt / Down The Line)  
10/10 Lob Resets  
10/10 Drives At Target  
Understands the Ernie And Shows The Ability To Set It Up  
Understands The ATP And Shows The Ability To Set It Up  
Shows The Ability To Slow Down Or Speed Up The Ball At Will.